Level: Senior D **Lesson Duration:** 30'



Prior Knowledge: sports-related vocabulary (e.g. extreme sports, equipment) / Useful expressions to express opinion & supportive arguments / linking words

Category: Travel

Video Booster: Red Bull: Parkour in Boston (03:09')

Description: 20 athletes took 90 seconds each to freestyle across obstacles such as cars, giant tires, mailboxes and a crane at Boston's City Hall Plaza September 20, 2010 in front of nearly 5,000 spectators.

Lesson Objectives						
Skills	Listening	Speaking				
	-to practice listening for the gist & detailed information	-to practice speaking in order to express opinion and support it with arguments in the context of extreme sports				
Vocabulary	Sick, course, wreck, swing, pros, naive, flip, vibe					
Grammar	Linking words / connectors					

Lesson Stages Stage 1: Lead-in						
1. Give each student a short	- to establish the context	Open-class	10'			
description of an extreme sport. In turns, each student reads their	- to generate interest in the topic					
description aloud without revealing	- to revise sports-related					
the name of the sport. The first	vocabulary					
student to guess the sport gets a						
point.	- to activate background schemata					
2. Students are divided into teams		Cassa systals				
each of which is named after a		Group-work				
different extreme sport. Each team is						
given a list of at least 5 pieces of						
sports equipment related to their						
extreme sport. In turns, the first team						
has 60 –or fewer- seconds to guess						
the words of the second team's list						

and so on.			
	Stage 2: Pre-Watching	,	,
1. Students answer questions such as: What makes a sport extreme? What's the need for extreme sports? Students talk about the advantages and disadvantages of extreme sports /discuss whether they would consider doing an extreme sport / share personal experiences.	 to present the target vocabulary in terms of pronunciation, meaning and form to practice speaking in the context of extreme sports 	Students- Students	13'
2. Present the target vocabulary through the <i>Vocab. Quick view.</i> Do some drilling and ask CCQs.		Whole-class	
3. Students watch the video.			
	Stage 3: Post-Watching		
1. Students complete the following activities: Survival Test, Listening Lab, Quiz Challenge and Vocabulary Academy.	to activate and practice new wordsto practice listening for the gist and detailed information	Open-Class	7'
	Stage 4: Follow-up		
1. Assign h/w: In pairs, students are asked to prepare questions and answers with arguments for a debate in class the next day (e.g. pros and cons of trying an extreme sport, are safety measures taken? etc) *each pair has something different *both students take equal time to speak and present their arguments in order to convince the listeners-other students for their side	- to practice speaking in order to express opinion and support it with arguments in the context of extreme sports	Pair-work	
*the students can have their notes in front of them.			